



LOVE IS THE SUPERNATURAL INGREDIENT THAT OVERCOMES SHYNESS AND MAKES LASTING FRIENDSHIPS! GOD IS LOVE! I WANT YOU TO HAVE A LIFE THAT'S FULL OF LOVE AND FRIENDSHIP. I WILL HELP YOU MAKE IT HAPPEN, IF YOU WANT! ALL YOU HAVE TO DO IS ASK!

IF YOU WOULD LIKE ME TO HELP, YOU COULD SAY SOMETHING LIKE THIS:

"JESUS, I DON'T LIKE TO BE SHY. PLEASE COME INTO MY HEART AND LIFE, AND FILL ME WITH YOUR SPIRIT OF LOVE SO I CAN BECOME A MORE LOVING PERSON. SHOW ME THE RIGHT THINGS TO SAY AND DO, SO THAT I CAN BE THE KIND OF FRIEND TO OTHERS THAT I WOULD LIKE THEM TO BE TO ME! THANK YOU!

IF YOU HAVE ASKED ME THAT, I PROMISE YOU, YOU WILL RECEIVE IT! BELIEVE IT! LET'S START! GIVE SOMEONE AN HONEST COMPLIMENT, OR IF YOU AGREE WITH WHAT SOMEONE IS SAYING, SAY SO. IT'S A START. YOU MAY NOT BECOME THE LIFE OF THE PARTY OVERNIGHT, BUT YOU WILL FIND FRIENDS. KEEP TRYING!

DON'T THINK THAT THINGS AREN'T CHANGING! YOU'VE ALREADY MADE A NEW FRIEND!--ME!!



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3.) IF MAKING FRIENDS DOESN'T COME NATURALLY TO YOU, ...  
2.) MAKING FRIENDS FOCUSES ON EVERYONE ELSE!  
1.) SHYNESS FOCUSES ON YOURSELF.

DO YOU FEEL AWKWARD LIKE YOU CAN'T SEEM TO SAY OR DO THE RIGHT THING?

DO YOU SOMETIMES FEEL ALONE, EVEN IN A ROOM FULL OF PEOPLE?

DO YOU LOOK AT PEOPLE WHO ARE POPULAR AND FUNNY, AND FEEL BAD THAT THEY ALWAYS SEEM TO BE THE CENTER OF ATTENTION, ...

WHILE YOU'RE IN A CORNER UNNOTICED IN A CORNER? ...

YOU DON'T HAVE TO HIDE IN THAT CORNER FOREVER! THERE'S A REMEDY!

POPULAR PERSON

WOW

HA! BLAH - BLAH - BLAH

HELPFUL HINT BOX!

DO YOU JUST DON'T FIT IN?



