

IF YOU'D LIKE ME TO HELP, YOU COULD SAY SOMETHING LIKE THIS:

"JESUS, I DON'T KNOW WHY I KEEP GETTING INTO THESE LOUSY MOODS. PLEASE COME INTO MY HEART AND LIFE AND HELP ME TO GET MY MIND STRAIGHT, AND STOP THINKING ABOUT EVERY BAD THING THAT MIGHT HAPPEN!

"HELP ME TO KNOW WHAT IS ACTUALLY BAD SO I CAN AVOID IT, AND WHAT IS ONLY "IMAGINARY-BAD" THAT JUST MAKES ME AFRAID TO DO ANYTHING AT ALL! JESUS, SHOW ME WHAT I CAN SAY OR DO OR THINK, THAT WILL MAKE MY LIFE MORE LIKE HEAVEN RIGHT NOW! THANK YOU."



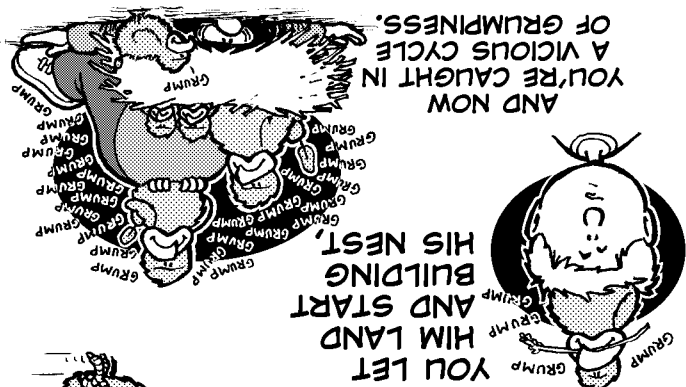
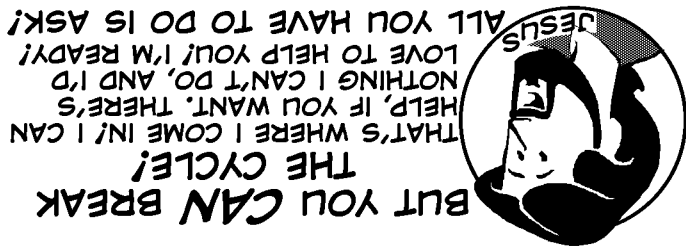
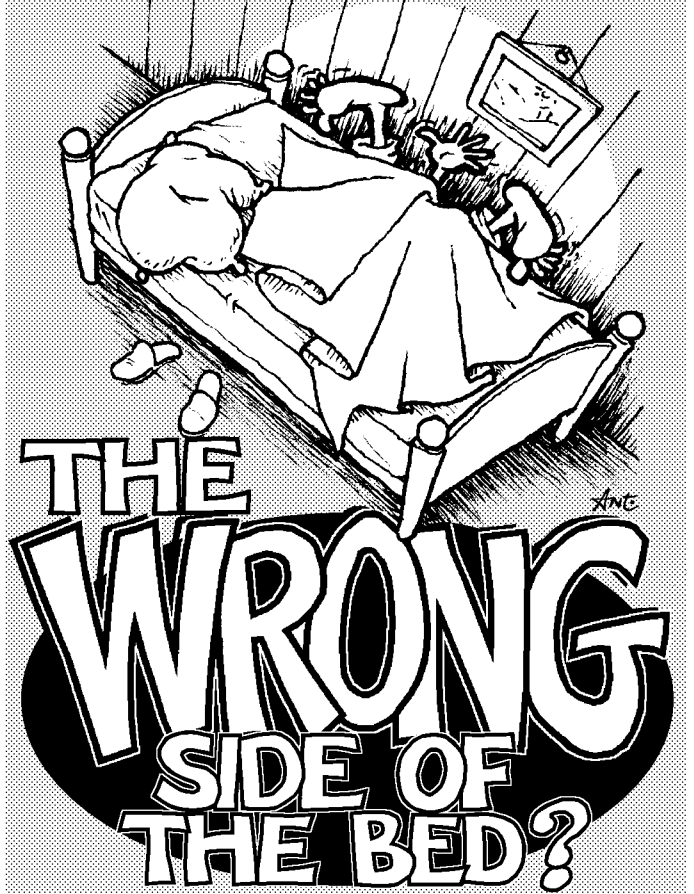
AND REMEMBER:
THERE ARE ALWAYS GOING TO BE BUMPS, OBSTACLES, AND NAGGING PROBLEMS THAT CAN MAKE YOUR DAY TURN SOUR--IF YOU LET THEM. SOME DAYS, IT'S WORSE THAN OTHERS. BUT YOU DON'T HAVE TO STAY MISERABLE JUST BECAUSE THINGS STARTED THAT WAY.

IT'S NEVER TOO LATE TO TURN AROUND AND START BEING HAPPY.
WHY NOT START RIGHT NOW?



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GOT UP ON



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